

# Healthy Active Maryland: Practical Approaches to Address Obesity

June 6, 2007  
8:30 AM to 3:30 PM

Registration is now open! Go to [www.healthyactivemaryland.org](http://www.healthyactivemaryland.org) to register for this comprehensive symposium that will highlight the current status of overweight and obesity in Maryland, provide success stories of programs and interventions, and activate partners to be more involved in prevention efforts. Four roundtable sessions, panel discussions, and keynote speakers will present the data, programs, and best practices occurring in Maryland.

**When: June 6, 2007 from 8:30 AM – 3:30 PM**

**Where: Martin's West, Baltimore MD**

**Registration: \$35**

By the close of the Symposium, participants will be able to:

- Recognize the current trends for overweight and obesity throughout Maryland
- Be familiar with Maryland based overweight & obesity prevention research initiatives
- Identify and describe activities and interventions that address the Maryland Nutrition and Physical Activity Plan's intermediate goals
- Identify new partners for networking and coalition building
- Be motivated to begin or continue to plan activities and interventions to address the prevention of overweight, obesity and related chronic diseases

Who should attend: Community Health Practitioners, Physicians, Nurses, Dietitians, Community Advocates, School System Representatives, Community Recreation Programs, and others interested in learning more about overweight and obesity prevention activities in Maryland.

Visit [www.healthyactivemaryland.org](http://www.healthyactivemaryland.org) for a draft agenda and registration information!

Certificates of Attendance will be provided.

For more information contact Ann Walsh at 410-767-5283.

Brought to you by members of the Maryland Nutrition and Physical Activity Plan and Chronic Disease Practitioners from across the State.

